

State of Maine Department of Health & Human Services  
MaineCare/MEDEL Prior Authorization Form  
SEDATIVE / HYPNOTICS

Phone: 1-888-445-0497

[www.mainearepdl.org](http://www.mainearepdl.org)

Fax: 1-888-879-6938

Member ID #: _____ <small>(NOT MEDICARE NUMBER)</small>	Patient Name: _____	DOB: _____
Patient Address: _____		
Provider DEA: _____	Provider NPI: _____	
Provider Name: _____	Phone: _____	
Provider Address: _____	Fax: _____	
Pharmacy Name: _____	Rx Address: _____	Rx phone: _____
<b>Provider must fill all information above. It must be legible, correct and complete or form will be returned.</b>		
(Pharmacy use only):	NPI: _____	NABP: _____ NDC: _____

**Please use the Brand Name PA form for Brand Benzodiazepines requests and Ambien (step 7) requests. Trazodone and Mirtazapine are available without prior authorization (PA). Non-preferred medications requiring PA are subject to PDL dosing limits and step order.**

**NON-BENZODIAZEPINES**

Drug Name (generic name)	Strength	Dosage Instructions	Quantity	Days Supply <small>(34 retail / 90 mail order)</small>	Circle Refills
<input type="checkbox"/> Eszopiclone	_____	_____	_____	_____	1 2 3 4 5
<input type="checkbox"/> Lunesta (eszopiclone)	_____	_____	_____	_____	1 2 3 4 5
<input type="checkbox"/> Zolpidem ER	_____	_____	_____	_____	1 2 3 4 5
<input type="checkbox"/> Sonata (zaleplon)	_____	_____	_____	_____	1 2 3 4 5
<input type="checkbox"/> Other	_____	_____	_____	_____	1 2 3 4 5

**INSOMNIA MEDICATIONS - OTHER**

**For insomnia secondary to SUD, daily ramelteon will not require PA when a MOUD medication is in member profile within past 45 days.**

Drug Name (generic name)	Strength	Dosage Instructions	Quantity	Days Supply <small>(34 retail / 90 mail order)</small>	Circle Refills
<input type="checkbox"/> Belsomra (suvorexant)	_____	_____	_____	_____	1 2 3 4 5
<input type="checkbox"/> Dayvigo (lemborexant)	_____	_____	_____	_____	1 2 3 4 5
<input type="checkbox"/> Hetlioz (tasimelteon)	_____	_____	_____	_____	1 2 3 4 5
<input type="checkbox"/> Quviviq (daridorexant)	_____	_____	_____	_____	1 2 3 4 5
<input type="checkbox"/> Rozerem (ramelteon)	_____	_____	_____	_____	1 2 3 4 5
<input type="checkbox"/> Other	_____	_____	_____	_____	1 2 3 4 5

**BENZODIAZEPINES** (PA required for greater than 10 units per 30 days)

Drug Name	Strength	Dosage Instructions	Quantity	Days Supply <small>(34 retail / 90 mail order)</small>	Circle Refills
<input type="checkbox"/> Estazolam	_____	_____	_____	_____	1 2 3 4 5
<input type="checkbox"/> Flurazepam	_____	_____	_____	_____	1 2 3 4 5
<input type="checkbox"/> Temazepam	_____	_____	_____	_____	1 2 3 4 5
<input type="checkbox"/> Triazolam	_____	_____	_____	_____	1 2 3 4 5
<input type="checkbox"/> Other	_____	_____	_____	_____	1 2 3 4 5

**Medical Necessity Documentation**

Insomnia secondary to vital concurrent medication (e.g. Interferon) or diagnosis with full insomnia evaluation (HX, PE, Workup) attached.

Describe: \_\_\_\_\_

Pursuant to the MaineCare Benefits Manual, Chapter I, Section 1.16, The Department regards adequate clinical records as essential for the delivery of quality care, such comprehensive records are key documents for post payment review. Your authorization certifies that the above request is medically necessary, meets the MaineCare criteria for prior authorization, does not exceed the medical needs of the member and is supported in your medical records.

**Provider Signature:** \_\_\_\_\_ **Date of Submission:** \_\_\_\_\_

\*MUST MATCH PROVIDER LISTED ABOVE