

State of Maine Department of Health & Human Services  
MaineCare/MEDEL Prior Authorization Form  
SEDATIVE / HYPNOTICS

Phone: 1-888-445-0497

[www.mainearepdl.org](http://www.mainearepdl.org)

Fax: 1-888-879-6938

Member ID #: _____ (NOT MEDICARE NUMBER)	Patient Name: _____	DOB: _____
Patient Address: _____		
Provider DEA: _____	Provider NPI: _____	
Provider Name: _____		Phone: _____
Provider Address: _____		Fax: _____
Pharmacy Name: _____	Rx Address: _____	Rx phone: _____
<b>Provider must fill all information above. It must be legible, correct and complete or form will be returned.</b>		
(Pharmacy use only):	NPI: _____	NABP: _____ NDC: _____

*Please use the Brand Name PA form for Brand Benzodiazepines requests and Ambien (step 7) requests.*

**BENZODIAZEPINES** (members may get 10 per month of these Benzodiazepines without PA)

Drug Name (Step Order)	Strength	Dosage Instructions	Quantity	Days Supply	Circle Refills
					(34 retail / 90 mail order)
<input type="checkbox"/> Estazolam	_____	_____	_____	_____	1 2 3 4 5
<input type="checkbox"/> Flurazepam	_____	_____	_____	_____	1 2 3 4 5
<input type="checkbox"/> Temazepam	_____	_____	_____	_____	1 2 3 4 5
<input type="checkbox"/> Triazolam	_____	_____	_____	_____	1 2 3 4 5
<input type="checkbox"/> Doral	_____	_____	_____	_____	1 2 3 4 5
<input type="checkbox"/> Other	_____	_____	_____	_____	1 2 3 4 5

**NON-BENZODIAZEPINES**

Trazodone, Mirtazapine and Zolpidem are available without PA. PA will not be required for Zaleplon if a failed trial of Zolpidem is seen in member's drug profile. Although intermittent therapy is recommended, quantity limits will allow 30 tablets per 30 days supply without PA for all preferred medications. Non-preferred medications will require pa and dosing limits allowing 12 per 34 days supply will still apply.

<input type="checkbox"/> Zolpidem ER <sup>(7)</sup>	_____	_____	_____	_____	1 2 3 4 5
<input type="checkbox"/> Lunesta <sup>(8)</sup>	_____	_____	_____	_____	1 2 3 4 5
<input type="checkbox"/> Rozerem <sup>(8)</sup>	_____	_____	_____	_____	1 2 3 4 5
<input type="checkbox"/> Sonata <sup>(8)</sup>	_____	_____	_____	_____	1 2 3 4 5
<input type="checkbox"/> Other	_____	_____	_____	_____	1 2 3 4 5

**Medical Necessity Documentation**

Insomnia secondary to vital concurrent medication (e.g. Interferon) or Diagnosis. Describe:

Full insomnia evaluation (HX, PE, Workup) must be attached

Pursuant to the MaineCare Benefits Manual, Chapter I, Section 1.16, The Department regards adequate clinical records as essential for the delivery of quality care, such comprehensive records are key documents for post payment review. Your authorization certifies that the above request is medically necessary, meets the MaineCare criteria for prior authorization, does not exceed the medical needs of the member and is supported in your medical records.

**Provider Signature:** \_\_\_\_\_ **Date of Submission:** \_\_\_\_\_

\*MUST MATCH PROVIDER LISTED ABOVE