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**To:** MaineCare Providers  
**From:** Dan Mickool, R.Ph, M.S., Ed D, Associate Director of Pharmacy  
**Date:** October 1, 2025  
**Re:** PDL Update – October 1, 2025

Effective Date: 10/1/2025	
BIN: 005526	PCN: MEPOP
BIN: 005526	PCN: MEPARTD

### MaineCare PDL Updates effective October 1, 2025

The following medication has recently been added to the MaineCare PDL as ***preferred*** and will not require prior authorization:

- Yeztugo

The following medication(s) have been recently added/changed to the MaineCare PDL as ***non-preferred*** and will require prior authorization:

- |                    |             |            |
|--------------------|-------------|------------|
| • Andembry         | • Imaavy    | • Selarsdi |
| • Avmapki Fakzynja | • Imuldosa  | • Stoboclo |
| • Bomynta          | • Jubbonti  | • Wyost    |
| • Conexence        | • Linozyfic | • Xifyrm   |
| • Emrelis          | • Merilog   | • Zelsuvmi |
| • Harliku          | • Osenvelt  |            |
| • Hemiclora        | • Ryzneuta  |            |

The following ***non-preferred with criteria*** medications have been added/updated to the MaineCare PDL:

- Ctexli: A bile acid indicated for the treatment of cerebrotendinous xanthomatosis (CTX) in adults. Prior Authorization required to establish diagnosis and medical necessity.
- Khindivi: A corticosteroid indicated as replacement therapy in pediatric patients 5 years of age and older with adrenocortical insufficiency. Prior Authorization required. Trial and failure, contra-indication or intolerance to Alkindi Sprinkle is required.

- Leqselvi: An oral Janus kinase (JAK) inhibitor indicated for the treatment of adults with severe alopecia areata (AA). Clinical Prior Authorization required to establish diagnosis and medical necessity.
- Sofdra: An anticholinergic indicated for the treatment of primary axillary hyperhidrosis in adults and pediatric patients 9 years of age and older. Clinical Prior Authorization is required to establish diagnosis and medical necessity. For adults and pediatric patients 9 years of age and older. Preferred drug must be tried and failed due to lack of efficacy or intolerable side effects before non-preferred drugs will be approved, unless an acceptable clinical exception is offered on the Prior Authorization form, such as the presence of a condition that prevents usage of the preferred drug or a significant potential drug interaction between another drug and the preferred drug exists. Sofdra must be prescribed by a dermatologist.
- Symbravo: A combination of meloxicam (an NSAID) and rizatriptan (a serotonin [5-HT] 1B/1D receptor agonist [triptan]) indicated for the acute treatment of migraine with or without aura in adults. Prior Authorization required. Dosing limits apply (see Dosage Consolidation List).
- Tryptyr: A TRPM8 thermoreceptor agonist indicated for the treatment of the signs and symptoms of dry eye disease (DED). Prior Authorization required to confirm appropriate diagnosis and clinical parameters for use.
- Vykat XR: Is indicated for the treatment of hyperphagia in adult and pediatric patients 4 years of age and older with Prader-Willi syndrome (PWS). Prior Authorization required to establish diagnosis and medical necessity.

The following medication(s) have recently been **removed** from the MaineCare PDL as these drugs are either no longer available or they have opted out of the Medicaid Drug Rebate program:

- Dynacirc
- Embeda
- Ocaliva
- Xifaxan

### Pharmacy Helpdesk Hours and Emergency Supply Protocol

Our Pharmacy Helpdesk is here to support you with any questions or claims assistance you may have. The operating hours are Monday to Friday from 8:00 AM to 5:00 PM. For after-hours assistance, our on-call availability is from 5:00 PM to 8:00 PM on weekdays, and from 8:00 AM to 8:00 PM on Saturdays, Sundays, and holidays.

For after-hours emergency claims, please call the Help Desk at 888-420-9711 and request to page our on-call staff. This ensures that urgent issues are addressed promptly, even outside of regular Help Desk hours. In a situation where a pharmacy needs assistance outside of the Help Desk operating and on call hours, a 196 override may be placed in the PA field for many medications. This will allow members to receive an emergency 4-day supply of their medication.

We hope this information helps you provide the best possible service to our members.