

MINI-MENTAL STATE EXAM

standard version - Folstein, Folstein, McHugh, 1975
(to be completed by a trained clinician)

PATIENT NAME: _____

DATE: TIME (24hr):

Enter birthdate (mm): (dd): (yyyy):

Sex: Male Female Enter education (years):

Race: Caucasian Black Hispanic Asian Other

right / wrong

Orientation Questions: Ask the following questions:

1. What is today's date?

2. What is the month?

3. What is the year?

4. What day of the week is today?

5. What season is it? DATE

6. What is the name of this clinic (place)?

7. What floor are we on?

8. What city are we in?

9. What county are we in?

10. What state are we in? PLACE

IMMEDIATE RECALL: Ask the subject if you may test his/her memory. Then say "ball", "flag", "tree" clearly and slowly, about 1 second for each. After you have said all 3 words, ask him/her to repeat them. The first repetition determines the score (0-3), but keep saying them until he/she can repeat all 3, up to 6 tries. If he/she does not eventually learn all 3, recall cannot be meaningfully tested:

11. BALL

12. FLAG

13. TREE Note # trials:

IMMEDIATE RECALL:

ATTENTION

A) Ask the subject to begin with 100 and count backwards by 7. Stop after 5 subtractions. Score the correct subtractions.

14. "93"

15. "86"

16. "79"

17. "72"

18. "65"

SERIAL 7's TOTAL:

B) Ask the subject to spell the word "WORLD" backwards. The score is the number of letters in correct position. For example, "DLROW" is 5, "DLORW" is 3, "LROWD" is 0.

19. "D"

20. "L"

21. "R"

22. "O"

23. "W"

"DLROW" TOTAL:

Greater score of A or B:

DELAYED VERBAL RECALL: Ask the subject to recall the 3 words you previously asked him/her to remember.

24. BALL?

25. FLAG?

26. TREE?

DELAYED VERBAL RECALL:

NAMING: Show the subject a wrist watch and ask him/her what it is. Repeat for pencil.

27. WATCH

28. PENCIL

29. REPETITION

3-STAGE COMMAND: Give the subject a plain piece of paper and say, "Take the paper in your hand, fold it in half, and put it on the floor."

30. TAKES

31. FOLDS

32. PUTS

READING: Hold up the card reading, "Close your eyes", so the subject can see it clearly. Ask him/her to read it and do what it says. Score correctly only if the subject actually closes his/her eyes.

33. CLOSES EYES

WRITING: Give subject a piece of paper and ask him/her to write a sentence. It is to be written spontaneously. It must contain a subject and verb and be sensible. Correct grammar and punctuation are not necessary.

34. SENTENCE LANGUAGE:

35. PENTAGONS

To calculate MNSE score automatically, click here:

TOTAL MMSE (s7s):

MMSE (dlrow):

MMSE (max):

(MMSE maximum score = 30)

24 - 30 normal, depending on age, education, complaints

20 - 23 mild

10 - 19 moderate

1 - 9 severe

0 profound

TIME-INDEX for MMSE (max) (estimated years into Alzheimer's disease):
(for MMSE > 24, indefinite period before expected dx; for MMSE = 0, at least this number)
(calculation derived from Ashford et al., 1995; Mendiolo et al., 2000)

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